

FLOWER OF THE WEEK



Sunflower

WORD OF THE WEEK

DEFT (deft) (adjective)

Skillful and clever, able to do something quickly and accurately.

Example

Dominique's **deft** use of the knife to carve Lincoln's face in the pumpkin left everyone speechless.

Build your vocabulary by using the Word of the week throughout the week!

By Lorraine Taylor

24th January, 2014

4th Edition

A Proposal For . . . A PERMANENT FIX

A proposal to permanently resolve the health threat faced by workers at GPD, due to ongoing inhalation and exposure to fumes produced by chemicals used in the plant's dark room, has been sent up the chain of command for consideration by Executive Management at the Cabinet Office.

If approved, the proposal has the potential of eliminating the offensive fumes that permeate the entire plant at GPD whenever chemicals are used in the dark room to burn plates for the offset presses. The problem has persisted for many years, despite the numerous speculative proposals and unsuccessful attempts to have

the matter resolved, inclusive of the following:

- i. the installation of new exhaust fans and ducts;
- ii. the installation of a reconfigured air conditioning system; and
- iii. a proposal by a company to install a new and expensive air handling system.

The solution being proposed involves the relocation of the plate burning machine to a newly constructed, purpose-built extension, just outside the western door of the room where the equipment

is presently located. It is proposed that the extension be constructed of concrete flooring, durock siding and a metal roof. To avoid cross contamination of the air between the air condition system in the main building and that of the extension, it is proposed that a separate A/C system be installed in the latter facility.

Finally, an architect from the Ministry of Works and Urban Development has already conducted an inspection of the site of the proposed project, and he promised to produce the first draft of the drawings, inclusive of a Scope of Works, within two weeks.

From The Desk Of

MR. MICHAEL HUMES

IT'S A HIT!

It was mid-morning on Thursday, 16th January 2014, when GPD's first ever multi-coloured, events planning size 2014 calendar rolled off the plotter. By early afternoon when the first copies were presented to Executive Management at the Cabinet Office, compliments about its size, colour, and graphics began to mount. Later in the day, when additional copies arrived from the plant, middle management and line staff got sight of the calendar for the first time. Based on the tenor of their subsequent conversations, it was immediately evident that we had a hit on our hands. Here we grow again, GPD!

Government Printing Department

2014 Calendar

JANUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	MARCH S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
APRIL S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	MAY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	JUNE S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
JULY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	AUGUST S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
OCTOBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	NOVEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	DECEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

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CHICKEN APPLE WRAPS

INGREDIENTS:

- 1/2 cup cooked chopped skinless chicken breast
- 3 Tbsp. chopped apple
- 2 Tbsp. chopped grapes
- 2 Tbsp. natural Peanut butter
- 1 Tbsp. Greek yogurt
- 2 Tbsp. Honey (optional)
- Romaine lettuce

DIRECTIONS:

Mix all chopped ingredients in a bowl, add the rest of the ingredients and mix well. Spoon into lettuce leaf, roll and serve. Enjoy!

CARTOON



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"To attract young buyers, Toyota designers had to think outside the box. . . So they made a box!"

A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small. The little girl stated that Jonah was swallowed by a whale. Irritated, the teacher reiterated that a whale could not swallow a human, it was physically impossible. The little girl said, "When I get to heaven I will ask Jonah."

The teacher asked, "What if Jonah went to hell?" The little girl replied, "Then you ask him!"



Joke of the Day

5 Healthy Ways to Cook

1. Steaming



Steaming is one of the healthiest cooking techniques around. It's also a quick and easy way to cook up dinner veggies, plus the short cooking time helps preserve nutrients. Learn more about the benefits of steaming.

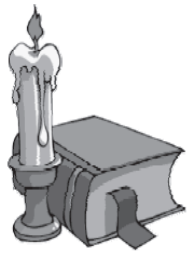
Great minds discuss ideas. Average minds discuss events. Small minds discuss people.

- D. DEVEAUX

The Wedding Banquet

So the servants went out into the streets and gathered all the people they could find, both good and bad, and the wedding hall was filled with guests. Matthew 22:10

Based on Matthew 22:1-14 (NIV)



R U D N Q C O R N E R S E L C
 Z N E I K P M P G U E S T S V
 N X D O N O A E Z G T P N Z S
 O Q P N D N L R C B J D E P E
 B P Z G W T E T A O X V B U R
 X A N R T I E R U B M S A G V
 H I N A R E B W I K L E M R A
 K R C Q R C A E N J C E T Q N
 H Z U T U Z H D V L Q G S G T
 E F S G T E W D I C Q M B F S
 A T F L N S T I T S I Y M I T
 V K L E L K L N E B E D R L P
 E Z R K P S O G D X S R S L I
 N D U T R E F U S E D Q L E J
 N W A U D V I Z T N P J G D L

PARABLES	STREET	INVITED	BANQUET
GUESTS	HEAVEN	KINGDOM	CORNERS
SERVANTS	CATTLE	COME	OXEN
FILLED	REFUSED	WEDDING	DINNER

By Kadria Sears

POETRY KORNER

N.B.A.

Not Bad At All

Regular season games for those not so much inclined,
 May seem a bore if you're not tuned for that time.
 But as Playoffs begin, and thoughts of high hopes and wishes
 soar through the T.V. waves in a whip.

Everyone has an opinion of just who will get it.
 Yeah! It is what all those teams dream of
 Going to the 'big dance' is tough considering the playoffs.

Whatever programs are scheduled for that night you see,
 For basketball enthusiasts, it's basketball definitely.
 A game so fantastic millions on the continent tune in,
 Die-hard fans never miss a play whether their team loses or win.

But finals are the bomb for centuries it seems,
 Whether you're in the US or the Caribbean.
 "I Love this game", a signature expression
 Lures our senses to the games sensations.