

ZIKA VIRUS

For further information, please contact the Surveillance Unit at the numbers listed below or visit www.bahamas.gov.bs/health.

What you need to know:

Zika virus is presently circulating in the Americas including the Caribbean. The virus is spread by the bite of an infected Aedes mosquito. Pregnant women are especially advised to be extra careful not to be bitten due to the risk of the babies being born with birth defects.

Symptoms:

Symptoms include: sudden onset of high fever, joint pains, muscle pains, pain or redness to the eyes, weakness, and swelling of lower limbs.



How to prevent infection:

- ▶ Cover all containers that store water
- ▶ Empty all standing water
- ▶ Wear long, light-colored clothing
- ▶ Use mosquito repellent
- ▶ Screen windows and doors
- ▶ Burn coconut bark or mosquito coils



Ministry of Health

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